

**Foundation Course - August 2019 (New MBBS Curriculum), ESIC Medical College & Hospital, Nh-3, Faridabad.**

**Orientation Week**

Date	Day	9 am to 1 pm	1 pm to 2 pm	2 to 3 pm	3 pm to 4 pm	4 pm to 5 pm			
01-Aug	Thursday	Address of the Dean to students and parents, The MBBS Program, (UG cell), Mentoring programme of students (MET), Anti-Ragging measures taken in college (Anti-ragging committee)	1 pm to 2 pm	Round of Academic Block/College	Round of the Hospital	Round of the Hostels			
02-Aug	Friday	Role of Physician in the society (Dept. of Medicine)	1 pm to 2 pm	Round of Anatomy Dept.	Round of Physiology Dept.	Round of Biochemistry Dept.			
03-Aug	Saturday	Delivery of alternate systems of medicine in India (Dept of AYUSH)	1 pm to 2 pm						
04-Aug	Sunday	Holiday	1 pm to 2 pm						
05-Aug	Monday	How health care is delivered in India/ ESIC (MS/Specialist)	1 pm to 2 pm	Intro to BLS (Anaesthesia)	Introduction to first aid (Medicine)	Introduction to Communication skills(OBG)			
06-Aug	Tuesday	Key areas of National Health Policy with focus on Primary Health Care (PSM)	1 pm to 2 pm	Intro to BLS (2 to 4 pm)	Intro to first aid(2 to 4 pm)	Intro to comm. skill(2 to 4 pm)			
07-Aug	Wednesday	Medical ethics, attitude, professionalism ethics committee (Ethics committee)	1 pm to 2 pm	Intro to BLS (2 to 4 pm)	Intro to first aid(2 to 4 pm)	Intro to comm. skill(2 to 4 pm)			
		<b>Professional development sessions (2 hrs)</b>	<b>Skill 1 (2hr)</b>	<b>Skill 2 (2hr)</b>	<b>Skill 3 (2hr)</b>	<b>1 pm to 2 pm</b>	<b>On 5th, 6th &amp; 7th August 4 to 5 pm: Sports &amp; extra CA &amp; leisure</b>		
08-Aug	Thursday	Principles of primary health care (PSM)	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
09-Aug	Friday	Universal precautions and immunisation -Dept. of Microbiology and Dept. Paediatrics	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
10-Aug	Saturday	Introduction to maternal and child health - OBG	FV	FV	FV	1 pm to 2 pm			
11-Aug	Sunday	Holiday				1 pm to 2 pm	Holiday		
12-Aug	Monday	Holiday				1 pm to 2 pm	Holiday		
13-Aug	Tuesday	Personal growth and development (MEU/Management)	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
14-Aug	Wednesday	Univ.rules, exams, attendance Exam & UG cell	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
15-Aug	Thursday	Holiday				1 pm to 2 pm	Holiday		
16-Aug	Friday	Leadership and team building - Management/MEU	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
17-Aug	Saturday	Field visit - ESIC Hospital (PSM)	BLS	LSM	CS	1 pm to 2 pm			
18-Aug	Sunday	Holiday				1 pm to 2 pm	Holiday		
19-Aug	Monday	Need of immunisation of health professionals (PSM)	BLS	LSM	CS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
20-Aug	Tuesday	Technique of hand washing, biomedical waste management (Dept. of Microbiology)	TM	SM	IPR	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
21-Aug	Wednesday	New teaching - learning methods students will experience - MEU	TM	SM	IPR	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure

Date	Day	9 am to 1 pm				1 pm to 2 pm	2 to 3 pm	3 pm to 4 pm	4 pm to 5 pm
22-Aug	Thursday	Use if internet and Google in medical studies - (PSM)	TM	SM	IPR	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
23-Aug	Friday	Community based learning PSM	LS	LSM	ANU	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
24-Aug	Saturday	Functioning of immunisation clinic/Management of BMW in ESIC - (PSM)	FV	FV	FV	1 pm to 2 pm			
25-Aug	Sunday	Holiday				1 pm to 2 pm	Holiday		
26-Aug	Monday	Simulation based learning - skill lab - Dept. of Anaesthesia	LS	LSM	MS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
27-Aug	Tuesday	Consumer protection Act , Medical record documentation - Forensic Medicine	LS	LSM	MS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
28-Aug	Wednesda	Gender sensitivity and self defense - Dr Shanta Passi and Mr Dahiya	SS	SS	SS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
29-Aug	Thursday	Coonnection between physical health and mental disorders - Dept. of Psychiatry	SS	SS	SS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
30-Aug	Friday	Career growth in Medicine - Dean & white coat ceremony - Acaemedic Registrar	SS	SS	SS	1 pm to 2 pm	L-1 & IT-1	L-2 & IT-2	Sports and extra CA & leisure
31-Aug	Saturday	Reflections - MEU				1 pm to 2 pm			

**SKILLS:**

BLS: Basic life support Anaesthesia

LSM: Life style modification - Dept. of Physiology

CS: Communication skills - Dept. of Surgery

FV: Field v visit -PSM

TM: Time managemer MEU

SM: Stress manageme MEU

IPR: Inter personal relationship - MEU

LS: Leadership skills MEU

SS: Study s skills MEU

MS : Mentoring skills MEU

Orientation: 30 hrs (30)

Skills : 35 Hrs

Field visit : 8 Hrs

Professional development : 40 Hrs

Sports : 22 Hrs

Language & IT: 40 hrs

L1: English & L2: Hindi

IT: computer training