

Date : 16.06.2022

Daily Report of Yoga fortnight

1. Yoga - 20 persons participated in Yoga session from 7:30 AM to 8:30 AM at Hospital and 18 persons participated in Yoga session from 9AM to 11 AM at Industrial Cluster- Vijay solvex MIA, Alwar.
2. Health Check-UP Camp - 13 persons attended at Hospital and 52 Persons attended from 9AM to 11 AM at Industrial Cluster - Vijay solvex MIA, Alwar.
3. Health Talk - Total 83 Persons Attended in Health Talk program at ESIC Medical College and Hospital, Alwar.
Topic- Role fo Yoga in Gynaecological Disease and In Pregnancy.
Speaker - Dr. Indu Verma, HoD Obs & Gynae. Department.
4. Cleanliness Drive -
 - a. Basti-6 days cleanliness drive has been completed.
 - b. Hospital -Infront of Type-2 Quarters, ESIC MC&H, Alwar Rajasthan - Done by Nodal officer Dr. Saroj Kumar Suman and Supervisor(HouseKeeping) Sh. Suresh and Tejsingh along with house keeping team.

All the photos of Above program are attached as PDFwith this document.

Fortnight Activities Report on IDY-2022

Date: 16.06.2022

Name of the Location : **ESIC Medical College and Hospital, Alwar (Raj.)**

1 Number of persons attended in yoga session :

At Hospital : 20
At Industrial cluster : 18
Total : 38

2 Health Check-up camp:

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Number of persons attended at Hospital : 13
Number of persons attended at industrial cluster: : 52
Total number of persons attended at industrial cluster : 65

3 Health talk

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Subject : Role fo Yoga in Gynaecological Disease
Number of persons attended : 83

4 Cleanliness drive

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Name of the Basti : Completed